

Slade Primary School

PSHE/RHE Curriculum Overview

2023-24



EYFS: Reception

	Objective 1.	Objective 2	Objective 3.	Objective 4	Objective 5	Objective 6
Self Regulation: My Feelings (Autumn 1 & 2)	<ul style="list-style-type: none"> Identifying my feelings 	<ul style="list-style-type: none"> Feelings jars 	<ul style="list-style-type: none"> Coping strategies 	<ul style="list-style-type: none"> Describing feelings 	<ul style="list-style-type: none"> Facial expressions 	<ul style="list-style-type: none"> Creating a calm corner
Building Relationships: Special Relationships (Autumn 2)	<ul style="list-style-type: none"> My family 	<ul style="list-style-type: none"> Special people 	<ul style="list-style-type: none"> Sharing 	<ul style="list-style-type: none"> I am unique 	<ul style="list-style-type: none"> My interests 	<ul style="list-style-type: none"> Similarities and differences <p>What dangers are in my home? How can I keep myself safe at home? Who can I go to if I feel unsafe at home? (Domestic violence)</p>
Managing Myself: Taking on Challenges (Spring 1)	<ul style="list-style-type: none"> Why do we have rules? 	<ul style="list-style-type: none"> Building towers 	<ul style="list-style-type: none"> Team den building 	<ul style="list-style-type: none"> Grounding 	<ul style="list-style-type: none"> Team races 	<ul style="list-style-type: none"> Circus skills
Self-Regulation: listening and following instructions (Spring 2)	<ul style="list-style-type: none"> Simon says 	<ul style="list-style-type: none"> Listening to a story 	<ul style="list-style-type: none"> Pass the whisper 	<ul style="list-style-type: none"> Obstacle races 	<ul style="list-style-type: none"> Blindfold walk 	<ul style="list-style-type: none"> Treasure hunt
Building Relationships: My Family and Friends (Summer 1)	<ul style="list-style-type: none"> Festivals 	<ul style="list-style-type: none"> Sharing 	<ul style="list-style-type: none"> What makes a good friend? <p>How should I treat other children in the class? What should I do if someone else hurts me? (Child on child abuse).</p>	<ul style="list-style-type: none"> Being a good friend 	<ul style="list-style-type: none"> Teamwork 	<ul style="list-style-type: none"> Celebrating Friendships
My Wellbeing (Summer 2)	<ul style="list-style-type: none"> What is exercise? 	<ul style="list-style-type: none"> Yoga and relaxation 	<ul style="list-style-type: none"> Looking after ourselves 	<ul style="list-style-type: none"> Being a safe pedestrian 	<ul style="list-style-type: none"> Eating healthily 	<ul style="list-style-type: none"> A rainbow of food

Year 1

Year 2

Year 3

Year 4

Year 5

Year 6

<p>Family and relationships (Autumn 1 & 2)</p>	<ul style="list-style-type: none"> • Introduction to RSE • What is family? • What are friendships? • Family and friends help and support each other • Making friends • Friendship problems • Healthy • Friendships <p>Caring for Others (linked to Children in Need)</p> <p>Road Safety</p> <p>Domestic abuse – positive relationships</p>	<ul style="list-style-type: none"> • Introduction to RSE • Families offer stability and love • Families are all different • Managing friendships • Unhappy friendships • Valuing me • Manners & courtesy • Loss and change <p>Caring for Others (linked to Children in Need)</p> <p>Road Safety</p> <p>Domestic abuse – positive relationships</p>	<ul style="list-style-type: none"> • Introduction to RSE • Healthy families • Friendships -conflict <p>Speak out stay safe work shop.</p> <ul style="list-style-type: none"> • Effective communication • Learning who to trust • Respecting differences • Stereotyping <p>Caring for Others (linked to Children in Need)</p> <p>Road Safety</p> <p>Domestic abuse –respect, positive relationships and negative relationships</p>	<ul style="list-style-type: none"> • Introduction to RSE • Respect & manners • Healthy friendships • My behaviour • Bullying <p>Speak out stay safe workshop.</p> <ul style="list-style-type: none"> • Stereotypes • Families in the wider world • Loss and change <p>Caring for Others (linked to Children in Need)</p> <p>Road Safety</p> <p>Domestic abuse –respect, positive relationships and negative relationships</p>	<ul style="list-style-type: none"> • Introduction to RSE • Build a friend • Resolving conflict • Respecting myself • Family life • Bullying <p>Speak out stay safe workshop.</p> <p>Caring for Others (linked to Children in Need)</p> <p>Road Safety</p> <p>Healthy and unhealthy relationships, witnessing DV (Domestic Abuse)</p>	<ul style="list-style-type: none"> • Introduction to RSE • Respect • Developing respectful relationships • Stereotypes • Bullying • Being me • Loss and change <p>Caring for Others (linked to Children in Need)</p> <p>Road Safety</p> <p>Healthy and unhealthy relationships, witnessing DV (Domestic Abuse)</p>
<p>Fundamental British Values (Autumn 2)</p>	<ul style="list-style-type: none"> • Democracy • Individual Liberty • Acceptance and Tolerance • Rule of Law 	<ul style="list-style-type: none"> • Democracy • Individual Liberty • Acceptance and Tolerance • Rule of Law 	<ul style="list-style-type: none"> • Democracy • Individual Liberty • Acceptance and Tolerance • Rule of Law 	<ul style="list-style-type: none"> • Democracy • Individual Liberty • Acceptance and Tolerance • Rule of Law 	<ul style="list-style-type: none"> • Democracy • Individual Liberty • Acceptance and Tolerance • Rule of Law 	<ul style="list-style-type: none"> • Democracy • Individual Liberty • Acceptance and Tolerance • Rule of Law
<p>Safety and the changing body (Spring 1)</p>	<ul style="list-style-type: none"> • Getting lost • Making a call to the emergency services • Asking for help • Appropriate contact • Medication • Safety at home • People who help to keep us safe – trusted adults in school. <p>'Pants' parent workshop</p>	<ul style="list-style-type: none"> • The Internet • Communicating online • Secrets and surprises • Appropriate contact • Road safety • Drug education • CEOP parent workshop PCSO 	<ul style="list-style-type: none"> • Basic first aid <p>Parent first aid workshop</p> <ul style="list-style-type: none"> • Communicating safely online • Online safety • CEOP • Fake emails • Drugs, alcohol & tobacco • Keeping safe out and about • CEOP parent workshop PCSO 	<ul style="list-style-type: none"> • Online restrictions • Share aware • Basic first aid <p>First Aid workshop for children (Red Cross)</p> <p>Parent first aid workshop</p> <ul style="list-style-type: none"> • Privacy and secrecy • Consuming information online • CEOP parent workshop PCSO • The changing 	<ul style="list-style-type: none"> • Online friendships • Identifying online dangers • CEOP parent workshop PCSO • The changing adolescent body (puberty, including menstruation) • First aid (Willhan First Aid Training Day) • Drug education <p>NSPCC online parent</p>	<ul style="list-style-type: none"> • Drugs alcohol & tobacco • First aid • Critical digital consumers • Social media • CEOP parent workshop PCSO • The changing adolescent body (puberty, conception, birth) <p>FGM</p>

<p>Health and wellbeing (Spring 2)</p>				<p>adolescent body (puberty)</p>	<p>workshop</p>	<p>NSPCC online parent workshop</p>
	<ul style="list-style-type: none"> • Wonderful me • What am I like? • Ready for bed • Relaxation • Hand washing & personal hygiene • Sun safety • Allergies • People who help us stay healthy. <p>Henry programme (delivered by children's centre).</p>	<ul style="list-style-type: none"> • Experiencing different emotions • Being active • Relaxation • Steps to success • Growth mindset • Healthy diet • Dental health (free toothbrushes/toothpaste given out) <p>Henry programme (delivered by children's centre).</p>	<ul style="list-style-type: none"> • My healthy diary • Relaxation • Who am I? • My superpowers • Breaking down barriers • Dental health <p>Henry programme (delivered by children's centre).</p>	<ul style="list-style-type: none"> • Diet and dental health • Visualisation • Celebrating mistakes • My role • My happiness • Emotions • Mental health • Knife Crime • PCSO Knife crime workshops • <p>Henry programme (delivered by children's centre).</p>	<ul style="list-style-type: none"> • Relaxation • The importance of rest • Embracing failure • Going for goals • Taking responsibility for my feelings • Healthy meals • Sun safety • Knife Crime (VR experience) • PCSO Knife crime workshops <p>Henry programme (delivered by children's centre).</p>	<ul style="list-style-type: none"> • What can I be? • Mindfulness • Taking responsibility for my health • Resilience toolkit • Immunisation • Health concerns • Creating habits • The effects of technology on health • Knife Crime • PCSO Knife crime workshops <p>Henry programme (delivered by children's centre).</p>

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Citizenship (Summer 1)	<p>Responsibility</p> <ul style="list-style-type: none"> Rules Caring for others: Animals Dogs Trust dog safety workshop. The needs of others. <p>Community</p> <ul style="list-style-type: none"> Similar, yet different Belonging <p>Democracy</p> <ul style="list-style-type: none"> Democratic decisions 	<p>Responsibility</p> <ul style="list-style-type: none"> Rules beyond school Our school environment Our local environment <p>Community</p> <ul style="list-style-type: none"> Job roles in our local community Similar yet different: My local community <p>Democracy</p> <ul style="list-style-type: none"> School Council Giving my opinion 	<p>Responsibility</p> <ul style="list-style-type: none"> Rights of the child Rights and responsibilities Recycling <p>Community</p> <ul style="list-style-type: none"> Local community groups Charity <p>Democracy</p> <ul style="list-style-type: none"> Local democracy Rules 	<p>Responsibility</p> <ul style="list-style-type: none"> What are human rights? Caring for the environment <p>Community</p> <ul style="list-style-type: none"> Community groups Contributing Diverse communities Junior PCSO training <p>Democracy</p> <ul style="list-style-type: none"> Local councillors 	<p>Responsibility</p> <ul style="list-style-type: none"> Rights and responsibilities Protecting the planet <p>Community</p> <ul style="list-style-type: none"> Contributing to the community Junior PCSO training Pressure groups <p>Democracy</p> <ul style="list-style-type: none"> Parliament 	<p>Responsibility</p> <ul style="list-style-type: none"> Human rights Food choices and the environment Caring for others <p>Community</p> <ul style="list-style-type: none"> Prejudice and discrimination Valuing diversity <p>Democracy</p> <ul style="list-style-type: none"> National democracy
Economic wellbeing (Summer term 2)	<p>Money</p> <ul style="list-style-type: none"> Introduction to money Looking after money Banks and building societies Saving and spending <p>Career and aspirations</p> <ul style="list-style-type: none"> Jobs in school <p>Safeguarding fair for all parents</p> <p>Employment advisor (Early Help morning)</p>	<p>Money</p> <ul style="list-style-type: none"> Where money comes from Needs and wants Wants and needs Looking after money <p>Career and aspirations</p> <ul style="list-style-type: none"> Jobs <p>Safeguarding fair for all parents</p> <p>Employment advisor (Early Help)</p>	<p>Money</p> <ul style="list-style-type: none"> Ways of paying Budgeting How spending affects others Impact of spending <p>Career and aspirations</p> <ul style="list-style-type: none"> Jobs and careers Gender and careers <p>Safeguarding fair for all parents</p> <p>Employment advisor (Early Help)</p>	<p>Money</p> <ul style="list-style-type: none"> Spending choices/value for money Keeping track of money Looking after money Keep on Squirreling Immersion Week (inc parent workshop) County Lines (workshop PCSO) <p>Career and aspirations</p> <ul style="list-style-type: none"> Influences on career choices Jobs for me <p>Employment advisor</p> <p>Safeguarding fair for all parents</p>	<p>Money</p> <ul style="list-style-type: none"> Borrowing Income and expenditure Risks with money Prioritising spending County Lines (workshop PCSO) <p>Career and aspirations</p> <ul style="list-style-type: none"> Stereotypes in the workplace <p>Employment advisor (Early Help)</p> <p>Safeguarding fair for all parents</p>	<p>Money</p> <ul style="list-style-type: none"> Attitudes to money Keeping money safe Gambling County Lines (workshop PCSO) <p>Career and aspirations</p> <ul style="list-style-type: none"> What jobs are available? Career routes <p>Employment advisor (Early Help)</p> <p>Safeguarding fair for all parents</p>

Transition (Summer 2) Identity						
	1 lesson	1 lesson	1 lesson	1 lesson	1 lesson	1 lesson
						<ul style="list-style-type: none"> • What is identity? • Identity and bodyimage

Red – identifies links/lesson that is from our safeguarding curriculum where a topic is explicitly taught. Teachers have autonomy to plan this session using the extra reading/resources hyperlinked in the safeguarding curriculum and their knowledge of their class. This is also contextualised to our school.

Green – sessions delivered by external agencies that enhance our safeguarding curriculum.

Orange – Parent workshops