

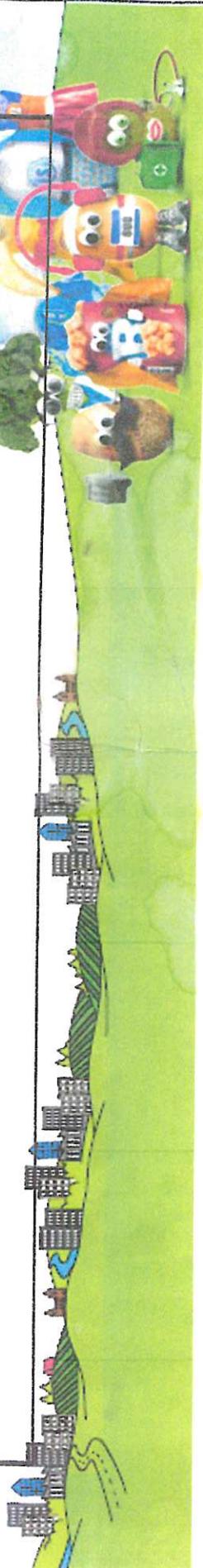
Primary Halal Spring/Summer 2019

Menu Week 1

**Food
Super
Heroes**

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Tomato & Mozzarella Pizza *** with Jacket Wedges	Chicken Tikka Masala With Rice	Roast Chicken with Roast Potatoes and Gravy	Traditional Beef Lasagne with Garlic & Herb	Cajun Salmon Wrap ***
Alternative Dish	Chinese Style Veggie Rice	Vegetable Pasta Bolognese **	Quorn with Roast Potatoes and Gravy	Chinese Veggie Noodles	Fish Fingers *** Breaded Fish Fingers with Chips
Vegetables	Broccoli Sweetcorn	Green Beans Mediterranean Vegetables	Carrots Cabbage	Peas Seasonal Vegetables	Sweetcorn Baked Beans
Desserts	Ice	Pineapple & Peach Crunch with Custard	Flapjack with Fruit Slices *	Shortbread	Ice Cream

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily
 *Fruit Based ***Wholegrain Oily Fish



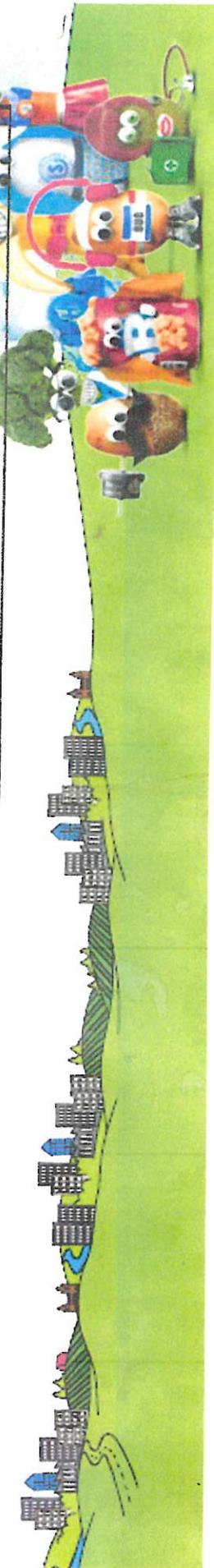
Primary Halal Spring/Summer 2019 Menu Week 2

Food
**Super
Heroes**

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	BBQ Quorn Wedges with Jacket Wedges + Chips	Chicken Sausages with Creamed Potato	Roast Chicken with Roast Potatoes and Gravy	Pasta Bolognese **	Crispy Fish & Chips Crispy Battered Pollock, with Chips
Alternative Dish	Cheese and Tomato pizza with wedges	Cheese and Sausages with Creamed Potato	Cheese & Potato Bake with Roast Potatoes	Quorn Chilli with Rice **	Baked Bean and Cheese Quesadilla (folded tortilla wrap) with Chips
Vegetables	Crunchy Coleslaw Peas	Roasted Peppers and Sweetcorn Baked Beans	Cabbage Carrots	Broccoli Sweetcorn	Peas Tomato and Cucumber Salad
Desserts	Chocolate Sponge Cake with Custard	Strawberry Sponge Swirl	Crunchy Chocolate Biscuit Served with Fruit *	Melon & Orange Wedges * *	Strawberry Frozen Yoghurt

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish



Primary Halal Spring/Summer 2019

Menu Week 3

Fox Super Heroes

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Mac 'N' Cheese Macaroni Cheese	Chicken and Sweetcorn Pizza ** with Jacket Wedges	Roast Chicken with Roast Potatoes and Gravy	Chinese Chicken Rice	Golden Fish Fingers & Chips Breaded Fish Fingers with Chips
	Vegetable Korma with Rice **	Shepherdess Pie	Quorn Roast with Roast Potatoes with Gravy	Vegetable Lasagne with Garlic & Herb Bread Wedge **	All Day Breakfast Including Halal Chicken/Quorn Sausage
Alternative Dish	Broccoli Carrots	Peas Mediterranean Vegetables	Carrots Cabbage	Roasted Summer Vegetable Medley Sweetcorn	Baked Beans Peas
Vegetables	Peach Slice	Lemon Drizzle Cake	Ice Cream	Fruity Apricot Bar*	Chocolate Shortbread with Fruit Slices *
Desserts					

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish

