



### **Swimming lessons 3GM**

Swimming is part of the National Curriculum for Key Stage 2. This year we have arranged for Swimming lessons at Castle Vale Swimming Baths taken by qualified instructors on Tuesday afternoons. The dates for the programme of 5 lessons are as follows:

***Tuesday 12<sup>th</sup> November / Tuesday 19<sup>th</sup> November/ Tuesday 26<sup>th</sup> November/ Tuesday 3<sup>rd</sup> December/  
Tuesday 10<sup>th</sup> December***

Children are expected to swim each week and their swimming kit must be in school every Tuesday which must comprise of appropriate swim wear. Children must bring a towel, swimming hats and goggles. No jewellery can be worn, and girl's hair must be tied back. Boys need to wear swimming trunks that finish above the knee and girls need to wear a one-piece swimsuit. Please ensure the swimming shorts/swimming costume for your child is labelled with their name on it.

The sessions will last for around an hour. There is no cost for the activity. We expect **all** children to participate and become confident in the water

If you have any questions about swimming, please do not hesitate to ask me.

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