

# **Safeguarding newsletter**

**Winter 2023**



# Winter WATER SAFETY

Here are some useful tips to keep safe this winter:



KEEP BACK  
FROM THE  
EDGE



KEEP CHILDREN  
AND DOGS WITHIN  
REACH

In an emergency...



CALL 999



IF YOU'RE IN  
TROUBLE FLOAT AND  
CALL FOR HELP

## Resources for parents here

<https://www.rlss.org.uk/pages/category/parentsresources>

## Responsible Finance

IMLT working in partnership  
with Responsible Finance

**STOP LOAN SHARKS**  
Intervention . Support . Education



### Can't borrow from banks or other lenders?

### CFDIs\* may be the answer you are looking for

\*Community Development Finance Institutions

Click here to find out more

Find out in 3 easy steps

1. Add your loan amount
2. Provide the reason for your loan
3. Say how long you wish to repay



### Worried you may have borrowed from a loan shark?



For help call us on  
0300 555 2222  
[www.stoploansharks.co.uk](http://www.stoploansharks.co.uk)

Meet the lenders



Creditspring

SALAD  
MONEY

FCA approved lenders, with a social mission, offering safe, fair and legal loans to help those struggling to get credit

<https://responsiblefinance.org.uk>

## Call our free national helpline

If you are in financial crisis and live in England or Wales, please call our free national helpline, Help through Hardship, on **0808 2082138** for free (open Monday to Friday, 9am-5pm, closed on public holidays) to talk confidentially with a trained Citizens Advice adviser. They can help address your crises and provide support to maximise your income, help you navigate the benefits system, and identify any additional grants you could be entitled to. If needed, they'll issue you with a voucher so you can get an emergency food parcel from your local food bank.

### Translators and Relay UK

Please ask the adviser if you need a translator, this will be provided via Language Line. If you can't hear or speak on the phone you can use Relay UK. [Find out how to use Relay UK](#) →

# FOOD BANK INFORMATION

<https://erdington.foodbank.org.uk>

## EMAIL US

### Enquiry Type

General foodbank enquiry ▼

Your name

Email address



Message...

## CONTACT DETAILS

Foodbank Enquiries ▼



### Phone us

07474 683927



### Email us

[info@erdington.foodbank.org.uk](mailto:info@erdington.foodbank.org.uk)

## ADDRESS



Erdington Six Ways Baptist Church,  
Wood End Road,  
Erdington,  
Birmingham  
B24 8AD



# Useful telephone numbers

Report issues, request council services and find information by using the search bar at the top of our website pages, the [A-Z](#) directory, or use some of these useful numbers and links below.

Council service	Contact number
<a href="#">Adults social care</a>	<a href="#">0121 303 1234</a>
Adults Out of Hours Home Care Service	<a href="#">0121 464 5001</a>
<a href="#">Anti social behaviour</a>	<a href="#">0121 303 1111</a>
<a href="#">Benefits</a> (includes Housing Benefit and Council Tax Support)	<a href="#">0121 464 7000</a>
<a href="#">Cemeteries</a> (out-of-hours emergencies only)	<a href="#">0121 464 8728</a>
<a href="#">Child protection</a> - concerned about a child?	<a href="#">0121 303 1888</a>
<a href="#">Complaints, compliments and comments</a>	<a href="#">0121 464 9995</a>
<a href="#">Council tax</a>	<a href="#">0121 303 1113</a>

<a href="#">Homelessness</a>	<a href="#">0121 303 7410</a>
<a href="#">Housing repairs</a>	<a href="#">0121 216 3330</a>
<a href="#">Parks emergencies</a>	<a href="#">0121 464 8728</a>
<a href="#">Planning</a>	<a href="#">0121 303 1115</a>
<a href="#">Pollution of brooks and streams</a> or report an environmental incident	<a href="#">0800 807060</a>
<a href="#">Register office</a>	<a href="#">0121 675 1000</a>
<a href="#">Rubbish</a> (Waste and Recycling)	<a href="#">0121 303 1112</a>
<a href="#">School admissions and pupil placements</a>	<a href="#">0121 303 1888</a>
Switchboard	<a href="#">0121 303 1111</a>
<a href="#">Transportation emergencies</a>	<a href="#">0121 303 4149</a>

# Road safety KS1

Teaching Road Safety: A Guide for Parents

## Children aged 5-7 (Key Stage 1)

Children are never too young to start learning about how to cross the road safely, how they should walk on the pavement and how to behave safely near the road and around traffic. They are more likely to learn when out on the road, rather than in a classroom or through talking about road safety at home.

Bear in mind that younger children might not understand that different situations require different responses and behaviours. For example, if you do not stop at the kerb when crossing the road to search for traffic because it is clearly an empty road and continue directly into the road, your child may not understand that they need to actually look before stopping for the traffic.

At this age, children should always be accompanied by and hold hands with an adult they know around roads, particularly when they are crossing the road. Although the onus is on the motorist to look out for pedestrians, it can be difficult for motorists to see smaller children, particularly when reversing, so take extra care. Never let your child go near a road alone, even with an older child. If your hands are full, you can ask your child to hold onto your shopping bag or a pushchair handle.

Children at this age cannot accurately judge the speed of traffic and safe gaps in traffic in the way that adults can and should not be left unsupervised to cross even quiet roads alone.

### Key messages

- How pedestrians walk safely on the pavement and vehicles use the road
- How to walk with an adult who they know and hold hands when walking near the road
- Safer crossing places and how to use them
- The **Stop, Look, Listen and THINK** sequence.
- How pedestrians walk on the pavement and vehicles travel on the road
- Places where it is not safe to cross the road,

## Crossing the road

You may think that crossing the road is easy, but for a child it is much more difficult. This is because crossing the road involves many tasks- identifying a safe place to cross the road whilst considering parked cars, junctions and kerbs, paying attention to traffic, looking and listening and focussing on the need to walk rather than run across the road. Therefore, it is a good idea to take your child out near a quiet road to begin to practice crossing the road safely.

### The Stop, Look, Listen and Think sequence

Children aged 5-6 can begin to learn the Stop, Look, Listen and Think sequence.

Stop: when you approach a crossing, STOP before you come to the edge of the pavement

Look: LOOK for cars, bikes, lorries and other vehicles by looking right, left and right again

Listen: LISTEN for vehicles too. You may be able to hear them before you see them

Think: is there enough time for you to cross the road safely?



Stop

Look

Listen

Think!

## Children aged 7-11 (Key Stage 2)

When your child reaches the age of eight or nine, you may be starting to consider whether to allow them to walk independently. It can be a tough decision, as you will need to consider their development and weigh up the benefits of them being active with the traffic danger they may face in your area. You will also need to begin preparing your child for the transition to high school as they become an independent traveller.

However, it is important to bear in mind that as children develop at different rates, some children will not be ready to cross the road independently at the age of eight. As a parent, walk with and speak to your child to get an idea of their knowledge and understanding of road safety. Remember that children can be impulsive and forget for a moment the dangers of traffic if they are distracted.

### How do I know my child is ready to travel independently?

Children are ready to go outside and navigate roads alone only when they are aware of the key pedestrian road safety rules, understand them fully and can put them into practice.

Your child must also be able to demonstrate that they can accurately judge traffic and interpret how far away it is and how fast it could be moving, so that they know how long they have to cross the road safely.

Initially, always walk with your child to make sure that they are aware of and can put into practice the Green Cross Code.

### Key road safety messages

- The Green Cross Code and how to put it into practice, recognising safe crossing places on the road
- Road signs and pedestrian crossings
- The Highway Code and the rules of the road

Children aged 7 can begin to learn the Green Cross Code and how to put it into practice.

- 1) Find a safe place to cross
  - Use a pedestrian crossing if there is one
  - Choose a place where you can see clearly in all directions
  - If an obstacle is blocking your view of the road, choose a better place to cross!
  
- 2) Stop just before you get to the kerb
  - Do not stand on the kerb
  - If there is no pavement, stand at the edge of the road.
  
- 3) Look all around for traffic and listen
  - Traffic can come from any direction
  - Sometimes you can hear traffic before you see it
  - If you see or hear an emergency vehicle in the distance, let it pass.
  
- 4) If traffic is coming, let it pass
  - Never run across the road when traffic is coming, even if you think there is time. It can be difficult to judge the speed of traffic
  - Be aware that traffic may speed up.
  
- 5) When it is safe, go straight across the road- do not run
  - Continue to look and listen as you cross
  - Look out for cyclists and quieter vehicles, you may not hear them approaching
  - Walk straight across the road.



## Domestic Abuse Support

**Anawim**— Emotional and practical support with finance, housing, domestic abuse, for women. Shower facility, food parcels, clothing, toiletries and baby supplies. Mon-Fri 10am-2pm Emergency drop-in support. Tel: **0121 440 5296**. Email: **referrals@anawim.co.uk**. **CLOSED 23rd-26th DECEMBER & 30th DECEMBER—2nd JANUARY 2024.**

**Women's Aid**— Available every day between 9:15am—5:15 pm. Call: **0808 800 0028**. Email: **info@bswaid.org**

The **Home Options Hub** is for women at risk of homelessness from abuse. Open every day except Bank Holidays. Call: **0121 303 7410**.

**Men's Advice Line**- Telephone/webchat emotional support, practical advice and information for men. Mon-Fri 9am-5pm. Call: **0808 801 0327**.

Email: **info@mensadviceline.org.uk**.

Website: **<https://mensadviceline.org.uk/>**

## Health and Wellbeing Support

**Birmingham Mind**- Adults can get support from MIND 7 days a week. Call: **0121 262 3555**. Email: **help@birminghammind.org**. *For urgent help, contact Forward Thinking Birmingham on **0300 300 0099**.*

**Kooth**— An online wellbeing community for young people aged 11-25years, with forums, guides and counselling available. Website: **<https://www.kooth.com/>**

**Pause**—Mental health call back telephone support for 0-25yrs. Tel: **02078414470**. Email: **ask-bean@childrenssociety.org.uk**. 10am-5pm Mon-Sat, **closed Sundays and Bank Holidays**. If you are in crisis contact the Access Centre on tel: **0300 300 0099**.

**Umbrella**: Free Sexual advice. Tel: **0121 237 5700**. Website: **[www.umbrellahealth.co.uk](http://www.umbrellahealth.co.uk)**.

**Change Grow Live**: Drug and Alcohol support service. Mon-Fri 09:00-17:00—App's only. Tel: **0121 227 5890**. Website: **[www.changegrowlive.org](http://www.changegrowlive.org)**

**Kikit**: BME Specialist Drug and Alcohol support service. Drop-in Mon-Fri 10:00-16:00. 153 Stratford Road, Sparkhill. B11 1RD. Tel: **0121 448 3883**. **Web-**